



ST MARY'S COLLEGE

15th December 2020

Dear Parent/Carer

Updated information regarding core physical education lessons – January 2021

We would like to update you on our revised plan for core physical education lessons following the Christmas holidays. Please note that as of **Monday 4th January 2021, we will be reverting back to normal expectations for core PE.**

The PE department will be taking the appropriate measures to ensure all physical activities are conducted in line with government guidance, making adaptations to activities where necessary and paying close attention to cleaning and hygiene.

However, the key message for you and your child is to ensure they are fully equipped to engage in these lessons in line with our normal school expectations.

We therefore ask for your support in ensuring your child returns to school in January with all of their compulsory PE kit. These items can be found listed in the student planner on page 8 (key stage 3) and page 12 (key stage 4). We have also included a copy of this on the reverse of this letter. Should you have any concerns regarding this, please contact your child's year office.

We look forward to welcoming your child back to school in January 2021.

Yours sincerely

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School Uniform and Personal Appearance

Girls PE Kit (Compulsory)	<ul style="list-style-type: none">• St Mary's College Navy Haze Polo• St Mary's College Navy Cuatro Training top• St Mary's College Navy Shorts• St Mary's College Navy Socks
Boys PE Kit (Compulsory)	<ul style="list-style-type: none">• St Mary's College Navy Vapour Polo• St Mary's College Navy Pro-Tec Rugby Shirt• St Mary's College Navy Shorts• St Mary's College Navy Socks
Optional PE items	<ul style="list-style-type: none">• St Mary's College Navy Unisex Training Pants
Guidance on compulsory footwear & equipment	Please ensure students have athletic trainers/sports shoes that provide an adequate amount of support, grip and comfort during PE activities (flat soled plimsolls are not allowed). As guidance, an Astro-turf/4G pitch specific style of trainer would be the recommended item due to its versatility, but not essential.

Please note: All pupils will be involved in outdoor PE lessons during the winter months and therefore should your child require additional items of clothing to that of the compulsory PE kit in order to keep warm and dry, ONLY the following items will be permitted:

- St Mary's College Navy Unisex Training Pants.
- Navy/Black under garments/thermal vests/t-shirts.
- Plain black/grey/navy gloves and/or hat (no caps).