SMC Sport - Lunchtime Extra-Curricular Timetable

Monday	Tuesday	Wednesday	Thursday	Friday
Football Y7 on the 4G Full PE kit Meet: Changing rooms 5&6 Mr Vernon	**Rugby** Y7-11 on the Field/4G Full PE kit Meet: Changing rooms 5/6 Mr Bean & Mr Cunningham	**Football** Y10 & 11 on the 4G Full PE kit Meet: Changing rooms 1&2 Mr Berry & Mr Dale	**Football** Y8 on the 4G Full PE kit Meet: Changing rooms 5&6 Mr Mumby	**Football** Y9 on the 4G Full PE kit Meet: Changing rooms 5&6 Mr Wilson
Fitness Y7-11 Fitness Suite Full PE kit Meet: Changing rooms A&B Academy Staff	**Fitness** Y7-11 Fitness Suite Full PE kit Meet: Changing rooms A&B Academy Staff	**Basketball** Y9-11 in the Academy Trainers only Meet in the Academy Mrs Dean	**Fitness** Y7-11 Fitness Suite Full PE kit Meet: Changing rooms A&B Academy Staff	**Fitness** Y7-11 Fitness Suite Full PE kit Meet: Changing rooms B Academy Staff
Basketball Y7-9 in the NSH Trainers only Meet in the NSH Mr Cunningham	**Pickleball** Y7-11 in the Academy Trainers only Meet in the the Academy Mr Beetham	**Girls Active** Y7 -11 in the NSH Trainers only Meet in the Acad Miss Peaks and Miss Payton	**Table Tennis** Y7-11 in the NSH Trainers only Meet in the NSH SMC Table Tennis Coach	**Trampolining** Y8-9 on the Trampolines Full PE kit Meet: Changing rooms 7 & 8 Mrs Jackson
Trampolining Y7 on the Trampolines Full PE kit Meet: Changing rooms 7 & 8 Mrs Walker	**Girls Football** All years Girls on the 4G Full PE kit Meet: Changing rooms 3 & 4 Miss Megaery		**Girls Active** Y7 -11 in the ACAD Trainers only Meet in the Acad Miss Sowersby	**Cricket** Y7-11 in the Academy Trainers only Meet in the Academy Mr Ezard
Badminton Y7-11 in the Academy Trainers only Meet in the the Academy Miss Jordan	**NFL Flag** Y7-10 on the 4G/Field Trainers only Meet: Changing Rooms 1-2 Mr Berry			**Table Tennis** Y7-11 in the NSH Trainers only Meet in the NSH SMC Table Tennis Coach